Burke’s

After School Enrichment Program
Spring 2020

Classes Begin March 23, 2020
Burke’s Students and Families:

Welcome to our After School Enrichment Program - ASEP! We are excited to announce some exciting new classes as well as the return of some of our favorite offerings!

Spring Session begins the week of March 23, 2020. Registration begins Monday, March 2 at 8pm and closes Sunday, March 15 at 8pm. Please register online:

https://www.kdbs.org/page/academics/after-school-programs/asep

An automatic e-mail reply will confirm your course selections after online registration. All classes will be offered if they reach their minimum enrollment, which is listed in each course description. Classes may be cancelled if their minimum enrollment is not met, in which case class fees will not be charged. If you cancel less than eight days prior to the first week of class fees are not refundable. Financial assistance is available for students receiving school tuition assistance. Please note that billing is a two-step process and it may take up to 24 hours for financial aid to be reflected in the TADS bill.

Children signed up for ASEP classes are signed into Tree House or Study Hall via Kinderlime. Total class hours for the session are deducted from ASEP billing. Class fees do not include time in Tree House before or after class and is billed separately via TADS. If a class session is missed because of cancellation by the instructor, a makeup class will be offered. If a make-up cannot be offered due to instructor absence a refund will be given.

ASEP pick-up is under the pavilion next to the front office. (Just a reminder, cars are not allowed on campus between 3:30-5:00 p.m. Our traffic compliance agreement extends through after-school hours, which states that there should be no parking on 32nd Avenue between El Camino Del Mar and California or double parking in the cul-de-sac.) Please allow five minutes after class ends for the girls to arrive at the front office. If your student is returning to the Tree House, let us know in advance via a link that will be provided.

Sign up! Experience, Explore and Enjoy! Please call or e-mail me if you have any questions or would like more information.

Sincerely,

Cyndera “Ms. Q” Quackenbush, Director of After School Programs
(415) 751-0177 ext. 371
cyndera@kdbs.org
Please Note the Sign-up Procedure for Cooking Class!

In order for all students to enjoy this highly popular class we have implemented an application system. **If your student is re-enrolling, you must still submit a new application:**

1. Please fill out the La Petite Culliere form (page 10) and e-mail to cyndera@kdb.s.org or turn in directly to Ms. Q by Friday, March 6. Printed copies available at the front desk.

2. Please fill out a form for each sibling and write SIB at the top of the form (if one is selected both will be enrolled for the same class).

2. Forms will be drawn at random on Monday, March 9 and confirmations for class or waitlist will be sent that week.

3. You have until Sunday, March 15, 2020 to drop Cooking or any other alternative class.
SPRING 2020 ASEP SCHEDULE

Indian Fusion Dance, K-4, 3:30-4:30, Campus Center NEW! *No class 4/6
Latin, Myth & Monsters! 3-5th grade, 3:30-4:30, 2A
String Sisters, K-4, 2 Class Levels 3:45-5:15, LS Music Room
Rubies Debate and Empowerment, 5-8th, 3:30-4:30, Media Room

TUESDAY: 3/24, 3/31, 4/7, 4/21, 4/28, 5/5, 5/12 (7 SESSIONS)
AcroGymnastics, K-2nd grade, 3:30-4:30, Campus Center
Alonzo King LINES Ballet, K-4th grade, 3:30-4:30, 5-8th, 4:30-5:30, US Music
Jewelry Making, K-2nd grade, 3:30-4:30, 1B
Knitting, 2nd-5th grade, 3:30-4:30, 2B

WEDNESDAY: 3/25, 4/1, 4/8, 4/22, 4/29, 5/6, 5/13 (7 SESSIONS)
Hapkido, 1st-4th grade, 3:30-4:30, US Music Room
K Cooking & Cooking Grades 1-4, 2:15-3:00 & 3:30-4:30, Campus Center
Spanish Enrichment, 4:45-5:30, LS Science Room NEW!
Girls on the Run, 5th-8th grade, 3:30-4:45, 3B (Outdoors) NEW!
Tree Frog Treks: K-2nd grade, 3:30-4:45, LS Science Room
Band! 2nd-8th grade, 4:45-5:15, 4B

THURSDAY: 3/26, 4/2, 4/9, 4/23, 4/30, 5/14 (6 SESSIONS)
Code Fu, K-4th grade, 3:30-4:30, Makery Up
Academic Chess, K-4th grade, 3:30-4:30, Media Room
EarthFire Drawing, 1st-4th grade, 3:30-4:30, 3A
AcroGymnastics, 2-4th grade, 3:30-4:30, Campus Center
Higgins Tennis, K-2nd grade, 3:30-4:30, Utility Court

CANCELLATION AND REFUND POLICY
Classes may be cancelled if a minimum enrollment is not met seven days prior to class date, in which case fees will not be charged. If you cancel less than eight days prior to the first week of class, fees are not refundable.
ASEP COURSE DESCRIPTIONS
Mondays

INDIAN FUSION DANCE
Grades K-4 (3:30-4:30)
Class Limits: Minimum 6, Maximum 15
Course Fee: $145

*Please note there will be no class April 6

This class is for any Burke’s student who wanted to dance more after the Diwali Assembly! India is a large country, rich with many different languages, sounds, foods, and – of course – dances! The goal of the class is to explore some of the many dance forms from India, both classically Indian and as fused into other world dance styles. We will learn bits of three styles – (1) Bharatnatyam, a South Indian classical style where we will explore the shapes our hands can make (mudras) and the sound our feet make when they act as instruments, (2) Garba/Raas, a folk style that comes from the Gujarat, and (3) Bhangra, a folk style from the Punjab. The goal of the class is to “travel” together to a faraway and magical country that honors dance as among the highest forms of artistic expression.

Sejal Patel started dancing at age 5 at the Anjali Center for Performing Arts in Houston. She studied and performed Bharatanatyam, Garba/Raas and other Indian dance forms throughout her youth. As an adult, she has studied ballet, hip-hop, jazz, modern, latin, and tap at Joy of Motion in Washington, D.C., Ballet Austin, Boston Ballet, Houston Ballet, Alonzo King LINES Ballet, and ODC/Dance and Rhythm & Motion. She choreographed five musicals with ImprovBoston and has taught youth and adults through the years. She also performed in tap student showcases at the Yerba Buena Center for the Performing Arts, in the 2019 Carnaval Parade, and in several SF PRIDE parades. She especially loves teaching Burke’s girls at the annual Diwali assembly and teaching ballet to the elderly. She has also been a public interest lawyer for almost 20 years and is immensely grateful to her dance teachers for inspiring her with never-ending energy and optimism.

LATIN, MYTH, MONSTERS!
Grades 3-5 (3:30-4:30)
Class Limits: Minimum 6, Maximum 10
Course Fee: $175

Latin, Myth, Monsters! is a playful introduction to the Latin language through Roman mythology, history, art and snacks! Students will learn the basics of Latin grammar, vocabulary and conversation as a preparation for modern language study in 4th grade and Upper School. Cultural topics will include the mythology of the Roman gods and goddesses, the voyage of Aeneas, the foundations of Rome, Roman emperors, and major Roman archaeological landmarks. Students with previous Latin experience will learn all new cultural material and will have the opportunity to build upon previously studied language topics. Semper aliquid sub sole novum! (There’s always something new under the sun!)

Ellie Pollak taught Latin and Ancient History at Convent and Stuart Hall High Schools for 14 years and has degrees in Classical Archaeology, Latin and Ancient Greek. When she’s not daydreaming about Roman History, she’s dragging her Burke’s girls to dusty archaeological sites, hoping to turn them into Classicists too!
String Sisters-Violin Ensemble, Levels 1 & 2

String Sisters is a unique and much-beloved violin group class that has been offered at Burke’s for the past four years. Under the friendly and focused instruction of lead teacher Adrienne Sengpiehl, young violinists gain impressive poise and progress on the violin along with an understanding that music is fun and a great opportunity for musical teamwork, focus, and confidence building. Group levels will be assigned and tailored based on the individual experience of each student. Every class level will include a performance opportunity at the end of the session.

String Sisters are welcome to perform at the Violin Recital in May! Date TBD

String Sisters Level 1+ UNICORN!
Grades K and up (3:45-4:30)
Class Limits: Minimum 4, Maximum 8
Course Fee: $315

Experience the fun of becoming a musical unicorn with the violin bow! This introduction to the world of string instruments is an exciting group violin class for new students and returning students. Previous violin experience is not required. This class will focus on basic violin position, playing skills, and how to care for a violin. The budding musicians will also discover and learn about classical music, play musical notation and rhythm games, and experience cooperation in a musical setting.

String Sisters Level 2: TWINKLE AND BEYOND, Grades 1-4 (4:30-5:15)
Pre-Requisite - Returning Students (2nd and Up) and/or Private Lessons
Class Limits: Minimum 4, Maximum 8
Course Fee: $315

This class is a continuation of the skills learned in String Sisters Level 1 and accommodates grades 1-4. The musicians will build on the skills learned in Level 1, with more in-depth study of the Twinkle Variations and beginning violin pieces. Musical notation, note reading, technique, and rhythm games will continue in this dynamic group “musical teamwork” setting.

Violinist and educator, Adrienne Sengpiehl, holds a M.M. degree in violin performance from The Juilliard School, B.M. degree from the St. Louis Conservatory, and is a Suzuki Violin Method Specialist. Adrienne is currently a Teaching Artist for the San Francisco Symphony’s Music and Mentors Program visiting SFUSD Middle and High Schools, an Artist in Residence at Ruth Asawa School of the Arts, creator and instructor of “String Sisters” at Burke’s, and maintains her private home studio. She is both former faculty and affiliate teacher for the Virtuoso Program at the San Domenico School, and performer for the San Francisco Symphony’s Adventures in Music Program. Adrienne is a featured clinician at many summer music institutes including the Summer Music Institute in Sun Valley, Idaho, and enjoys an active performing career freelancing with bay area orchestras including the San Francisco Symphony, San Francisco Opera, Santa Rosa Symphony, Marin Symphony, and California Symphony.
Rubies Debate and Empowerment
Grades 5-8 (3:30-4:30)
Class Limits: Minimum 5, Maximum 12
Course Fee: $385

More Than Rubies is a program designed to help girls recognize their self-worth and value through debate, interview practice, and self-confidence building activities. During the Spring program we will focus on building confidence through mock debate, self-esteem building activities, and small group discussions. We will learn to uplift and encourage each other and the importance of mutual support while engaging in fun activities such as improv games. With three locations in the Bay Area, More Than Rubies aims to help prepare young women to be the future leaders, thinkers and game changers of the next generation and to be unapologetic about who they are and what they believe.

Felicia Stiles has been facilitating More Than Rubies Debate at Burke's for over a year and a half. The program has launched in schools across the Bay Area. Felicia is a former Miss San Francisco for the Miss America Organization and is currently serving her community as Miss Concord USA for the Miss USA Organization. She is an actress who can be seen in movies, commercials and tv shows, but her true passion is uplifting and supporting young girls. She hopes to inspire the girls at Burke's through her More Than Rubies program to be confident with themselves no matter the circumstance.
AcroGymnastics this Spring will offer a class geared for younger students on Tuesdays and older students on Thursdays. Inspiring play and empowerment, this class focuses on strength and conditioning for floor tumbling skills like handstands, cartwheels, forward rolls and backward rolls. Students also learn spatial and body awareness, coordination, agility, and self-expression through non-competitive movement. The class includes warm-ups and stretching, gymnastics skill instruction, and group games.

Christine Joy Ferrer (AKA Tine, pronounced “Teen”) is the founder of Eyes Opened MVMNT (EO MVMNT). Tine is a cultural movement arts practitioner/educator by morning and a freelance multi-media producer by night who grew up in San Francisco’s Lakeview district. She has been teaching preschool and youth gymnastics at AcroSports since 2010, and other various movement arts throughout San Francisco for organizations and spaces including AVE, Mission Cultural Center, Dance Mission Theater, Lafayette Elementary, Bayview Association for Youth, Sunnydale Boys & Girls Club, Mission High School and Katherine Delmar Burke School. Tine graduated from SF State with a B.A. Dual Degree in Journalism and Dance. She primarily trains and performs folkloric dances from the Philippines, Haiti and Brazil. To learn more about her, please visit eomvmnt.org.

Alonzo King LINES BALLET for Kids and Teens
Grades K-4 (3:30-4:30), Grades 5-8 (4:30-5:30)
Class Limits: Minimum 10, Maximum 20
Course Fee: $185

Focusing on the power of discovery, collaboration and truth, Kids at LINES After School programs provide a space for students to learn a foundation of dance concepts. Your little one will join our experienced Teaching Artists to experiment and improvise with movement, build a foundational vocabulary in dance, develop their own ideas through the choreographic process and access an entry point into the world of dance. We are also bringing Teens at LINES to Burke’s with a program that aims to educate the whole person while developing beginning technical skill in ballet and contemporary based training. We encourage to find your teens’ own creative voice while having fun in a warm and encouraging environment!

ALONZO KING LINES BALLET was created (nearly 40 years ago) with the purpose of touching hearts and stirring minds through dance. Our mission is to nurture artistry and the development of creative expression in dance, through collaboration, performance, and education. As an organization, Alonzo King LINES Ballet:

- Recognizes that art lives within each and everyone of us
- Strives to balance law and intuition
- Believes in the full potentiality of the human being
- Invests in imagination and creativity

linesballet.org
TUESDAY

**JEWELRY MAKING**
Grades K-2 (3:30-4:30) Minimum 8, Maximum 16
Course Fee: $185

Jewelry Making class begins with the creation of an Art Journal where students will document new techniques learned throughout class. Students will begin with the basics by getting to know the tools of the trade and practicing jewelry making skills such as crimping, measuring and designing their own pieces and patterns. Once the basics have been mastered, students will advance to more complex techniques such as wire work, and stamping & dapping on metal. We use only the highest quality findings, freshwater pearls, and Czech glass beads and work to develop the skills to empower children to independently make their own jewelry long after the jewelry class ends. Projects may include the following: × Beaded Bracelets & Necklaces × Earrings × Chokers × Rings × Wire & Fiber Jewelry × Two-strand Beaded Designs × Holiday Themed Jewelry × Stamped Charms × Beaded Wire Animals × Woven Cord Bracelets × Seed Bead Jewelry ×

Since 2005, **Dragonfly Designs** has been sharing the joy of art and jewelry making with our community in the San Francisco Bay Area. The aim of our family business is to enable children's creativity through holistic art education. We believe that artistic expression is crucial to healthy development. Art should be an engaging, tactile, and rewarding experience. Our goal is to create peaceful and inclusive spaces where each child is empowered to make truly unique treasures by hand.

**KNITTING**
Grades 2-5 (3:30-4:30)
Class Limits: Minimum 3, Maximum 6
Course Fee: $175

Knitting is the art of using yarn to make fabric from interlocking loops. Its origin has been traced as far back as the fourth or fifth century B.C.E. The practice spread from the Middle East along the trade routes to Europe and Asia. Students will learn the fundamentals of knitting: casting on, stitching the knit and purl, changing colors, shaping and casting off. Participants will make a scarf or bag with the skills they master and returning students will be challenged with new projects of their choice. With practice, future knitting projects are limited only by one's imagination!

**Imagiknit** offers a variety of beginning and more advanced knitting classes as well as being a yarn and knitting supply shop. They have offered knitting classes at Burke’s for seven years. For more information visit:  www.imagiknit.com

**Judy Sakaguchi** is one of the knitting instructors from “Imagiknit,” a yarn store in San Francisco. She learned to knit at twelve years old in a summer school program offered by the YWCA and has been knitting for decades! She loves to pass along the wonderfully enjoyable skill of creating textile magic with two sticks and a ball of yarn. It is one of many mediums she uses in her illustration and design projects. The endless possibilities of textures, colors and shapes are mind boggling!
WEDNESDAY

HAPKIDO WITH RISING SUN SCHOOL OF MARTIAL ARTS
Grades 1-4 (3:30-4:30) Minimum 6, Maximum 15 Course Fee: $165

This energetic and focused class is for beginners and experienced Karate students. Hapkido is a Korean style of Karate that incorporates the powerful and fluid kicks of Tae Kwan Do as well as the dynamic joint locks and throws of Ju Jit Su, Aikido and Judo. This type of Karate is a practical form of self-defense and is great for building strength, stamina, focus and self-confidence. Please note: some standard instruction for safety from strangers is covered as part of this course.

Marco Magsaysay is the owner and senior instructor of the Rising Sun School of Martial Arts and holds a fourth degree black belt in Hapkido. He has been teaching Karate to youth since 1993 and teaching in Burke’s After School Enrichment Program since 2001!

COOKING WITH LA PETITE CUILLERE
Grades K (2:15-3:00), 1-4 (3:30-4:30) Class Limits: Minimum 12, Maximum 16 Course Fee: $225

Do you have a little chef in your midst? Have them join us for our incredible culinary tour of the world. Your little chef will learn about flavor profiles, kitchen safety, master knife skills and be able to easily help with meal preparation at home. Each week we will visit a different country, learn about its culture and cook a typical meal. At the end of each class, each chef will sit and enjoy their incredible creations while also learning a little bit of dining etiquette! We know kids and we know fun! Have your little chef come along for the journey!

Please review the application procedure for Cooking Class on page 2 and fill out the Permission Slip on page 10!

La Petite Cullière is an after-school program dedicated to showing your little chef all that the world has to offer, one cuisine at a time. We love teaching children, and we love teaching them how to cook creative, healthy and delicious food. Our course is designed to encourage your little chef to express themselves creatively, by taking simple ingredients from each country we visit and using them to create extraordinary dishes. For more information please visit lapetitesf.com.

SPANISH ENRICHMENT
Grades K-1, (4:45-5:30) Class Limits: Minimum 8, Maximum 12 Course Fee: $215

Our curriculum introduces science, geography, math, music, dance, Latin traditions and more. Different teaching methods are incorporated such as The Natural Approach, Total Physical Response Storytelling and 7 Intelligences. Children are engaged kinesthetically, verbally, and visually. This experience is fun and essential in acquiring language. All activities keep students active and engaged.

Elsie “Maggie” Mickaili is a native San Franciscan, raised in a Spanish speaking home. She has 19 years of extensive experience teaching in both English and Spanish to children ages toddler through elementary. She has designed and implemented Spanish music and movement programs throughout the Bay Area. Maggie is founder and operator of Estrellitas en Español, a Spanish enrichment program for children. Her goal is for her students to be excited about speaking another language and have lots of fun in the process!
Dear Parents:

Thank you for registering your child in La Petite Cuillère’s Cooking Class. Your child is embarking on a wonderful adventure where he/she will discover a love for varied foods and cultures of the world.

I would like to ask for your consent to post pictures of your child during class on our website and video slideshows that will be used to send to you and to add to our newsletter and channel. The purpose of these postings is to keep you up to date on what is going on in class and to allow other schools or organizations to view so that they may hopefully bring our message and mission of healthy eating and fun preparation into their own school/program.

We will not post any child with their nametag on nor will we name the school that they attend. We are interested in only showing the fun they are having and how our program works.

My very best,

Chef Sandy

I hereby give my permission for La Petite Cuillère to post pictures/videos of my child on her website/channel for purposes of showing what her after school program teaches.

Child Name: ______________________
Parent Name: ______________________
Parent Signature: ____________________
Date: ______________________________

I, the undersigned, give permission for __________________ (“CHILD”) to participate in La Petite Cuillère After School Cooking Program. I acknowledge that there are certain risks inherent in participating in this program and, on my and CHILD’s behalf, do hereby release and waive any claims for personal injury or property damage against La Petite Cuillère and agree to hold harmless La Petite Cuillère, Inc. Its employees and its agents, from any and all claims arising out of my child’s participation.

In the event of injury or illness during the program, I authorize La Petite Cuillère, Inc. to obtain emergency medical treatment for Child. I shall be responsible for all expenses incurred as a result and shall hold La Petite Cuillère, Inc. harmless from any claims for such medical or related expenses.

Does CHILD have FOOD ALLERGIES? YES NO

If YES, please speak with the Culinary Coordinator and identify: ________________________________

What is your child's favorite food? ________________________________

What is your child’s least favorite food? ________________________________

While CHILD is in Kid’s Cooking Class, I may be contacted at: ________________________________

Address: ________________________________
Telephone: ________________________________

Email: ________________________________
**WEDNESDAY**

**Girls on the Run**
Grades 5-8 (3:30-4:45)
Class Limits: Minimum 6, Maximum 12
Course Fee: $185

Join Girls on the Run at Burke’s! A team of 5-8th grade girls will make new friends and celebrate all that makes them unique!

- Emotional intelligence is a key building block of next generation leadership: Girls on the Run builds these critical skills including confidence, motivation, self-awareness, self-regulation, social skills and empathy.
- Each practice consists of a movement-based lesson, games, and a running workout, all from the nationally-recognized Girls on the Run curriculum. The Girls on the Run curriculum is one of only 3 programs recognized by the Harvard Graduate School of Education as a top social-emotional learning (SEL) experience for kids.
- The season ends with a welcoming of all 90+ teams convening for the Girls on the Run 5K, which is part of the largest 5K series in the US. All supplies, t-shirt, water bottle, and entry to the 5K are included with the program.
- **Save the date for the Girls on the Run 5K on May 30th - this is the culminating event for Girls on the Run and entrance is included with your class fee.** www.gotrbayarea.org

**Tree Frog Treks: Survivor Frog!**
Grades K-2 (3:30-4:30)
Class Limits: Minimum 6, Maximum 16
Course Fee: $125

Have you ever wondered how to make fire without matches, purify water, and build your own shelter? Or what you would do if you were stranded on a desert island? If so, then join Survivor Frog! We will learn to recognize and prepare edible plants, track and stalk wild animals, and make rope and baskets out of plants that grow in your neighborhood park. Our amazing Animal Ambassadors will be our guides as we gain survival skills, learn to work as a team, and explore the natural world all around us!

**Tree Frog Treks** strives to create critical thinkers that will work to save, preserve and maintain our planet’s biodiversity by introducing them to live rescued reptiles and amphibians, offering fun, hands-on science programming, and exploring nature. For more information about Tree Frog Treks visit: www.treefrogtreks.com.

**Band!**
Grades 2-8 (4:45-5:15)
Class Limits: Minimum 2, Maximum 5
Course Fee: $315  *Please note this class follows the Burke’s Music Lesson Schedule and Fees*

Students come together in a small group and learn how to perform their favorite songs! Learning the basics of their instruments of choice (voice, ukulele, guitar, piano, drums) they work together to create a memorable performance at the end of each session.

**Van Labrakis** is a guitarist, multi instrumentalist, and music producer in San Francisco. Since 2003, Van has been teaching guitar, bass, piano, drums, singing, music theory and music production to students of all ages. Originally from Athens, Van has performed, recorded, and taught music in London, Berlin, Los Angeles, and the Bay Area.
**THURSDAY**

**CodeFu: All Levels**  
Grades K-5 (3:30-4:30)  
Class Limits: Minimum 6, Maximum 16  
Course Fee: $165

CodeFu is excited to return to teach Burke's students! This year we will be offering 2 concurrent classes:

**Mini CodeFu Dojo (K-2nd)**  
Our K-2nd Dojo teaches students the computational logic of Computer Science/coding through fun and creative curriculum from designing games to building websites to using code to fix real-world solutions with robots. Our classes are unique in that they focus on themes from bullying to self-esteem and provides introductions into a number of block based coding languages!

**Upper-Grade CodeFu Dojo (3rd-5th)**  
During our Upper-Grade CodeFu Dojos, students will create a variety of projects from apps/games to personal websites to coding robots - beginning with block based languages & continuing to programming languages such as HTML, CSS, JS, Ruby, & Python. Important social emotional development themes are incorporated to empower our students to be themselves while changing the world!

**CodeFu** is an After School Computer Science Enrichment and Immersion Program designed by former teachers and software engineers to provide TK-8th grade with the option to learn Computer Science in the safety and comfort of their schools. Our curriculum goes beyond the introductory Coding Curriculum that School Districts implement and teaches Coding to kids with the best Educational Coding resources available while combining it with National Common Core Standards from English to Mathematics. Taking the discipline seen in Kung Fu, our San Francisco Bay Area After School & Immersion Program teach curriculum that includes: Block Coding, Tangible Coding, the programming languages of: Ruby, Python, Java, HTML, CSS, & JS, and couples it with crucial Common Core Subjects by challenging our students to create everything from Websites to Apps to Games. Our Coding Classes scaffold these programming, logical and concentration skills to provide students with Training in the Art of “CodeFu.”

**Academic Chess**  
Grades 1-4 (3:30-4:30)  
Class Limits: Minimum 8, Maximum 16  
Course Fee: $145

Learn chess in a fun, engaging, and dynamic environment. Our philosophy is to instill the love of the game. As a result, we’re able to witness firsthand our students developing patience, strategic planning ability, and critical thinking skills. They also come to understand that decisions, both on and off the chess board, result in consequences. Chess class caters to all levels and all participants receive our exclusive workbooks.

**Academic Chess** is non-profit organization that has been teaching chess in schools for nearly 20 years. With our unique style of teaching, our goal is to make learning fun for all students in a safe, nurturing environment. Notable students of Academic Chess have gone on to win National Championships and one became (at the time) the youngest Master in US History. We are currently serving 50+ schools in San Francisco.
THURSDAY

EarthFire: Drawing
Grades 1–5 (3:30–4:30)
Class Limits: Minimum 6, Maximum 12
Course Fee: $235 (includes materials)

This course focuses on drawing and its many aspects. Using mainly dry media such as pencil, graphite, charcoal, conte, oil pastels, colored pencils, water-color pencils or the use of fluid solvent or a carrier (pen, markers, ink) we will start with sketching and the use of line. We’ll then learn methods used to build tone: texture and shade production, stippling, hatching and blending. We will consider free-hand, figure drawing, cartooning and doodling. Composition and perspective will be introduced. We will also study writing as script and calligraphy. As a foundation course these lessons are designed to sharpen perceptions, to see “more” and improve eye and hand coordination.

EarthFire Arts Studio is a drop-in pottery painting studio in the Inner Sunset neighborhood of San Francisco. As children learn the classical principles of art in a relaxed setting, our use of high quality art materials incites creative exploration. The lessons enhance your child’s fine motor skills while improving social and academic skills. Our art lessons are great fun and great learning!

AcroGymnastics - Grades 2–4
Grades 2–4 (3:30–4:30)
Class Limits: Minimum 6, Maximum 14
Course Fee: $150

AcroGymnastics this Spring will offer a class geared for younger students on Tuesdays and older students on Thursdays. Please see the full description and bio on page 7.

Higgins Tennis
Grades K–2 (3:30–4:30)
Class Limits: Minimum 5, Maximum 8
Course Fee: $135

Learn tennis with Higgins Tennis on the perfect sized mini-tennis court that is just the right size for learning how to play! They provide the racket, softer and larger low-bouncing balls and teach all the stroke fundamentals including: forehands, backhands, and the basics of rallying. Then they incorporate what they have learned into games like “Feed the Monkeys,” “Skyball” and “Castle.”

If it rains, Higgins Tennis offers an indoor rainy day curriculum that is age appropriate, engaging, and will continue to use the same games-based learning that we use in our outdoor class.

At the end of each session children earn a medal!

All classes taught by Higgins Tennis certified pros. Over 600 children a week participate in our pro- grams at schools and tennis facilities all over the Bay Area. Company owner, William Higgins, ran the largest junior tennis center in the world, the Barnes Tennis Center in San Diego and played on the ATP professional tour.
Music Lesson Information

Private Lessons are available for Piano, Violin, Guitar, Ukulele, Voice and Drums! If you are interested in lessons, please e-mail cyndera@k dbs.org to apply for any current openings or to be put on the waitlist.

INDIVIDUAL PIANO LESSONS
Days: Mondays-Fridays
Time: 30-minute lessons (45-60 minute lessons offered when available)
Course Fee: $45 per half-hour

Piano lessons are provided once a week. No prior piano experience is necessary and all skill levels are welcome, though it is important to have a piano or keyboard with at least 66 keys at home for practicing between sessions. The instructors will customize and tailor their curriculum to the needs of each student. Students will need to bring practicing materials to lessons and practice between sessions.

INDIVIDUAL VIOLIN LESSONS
Day: Mondays, Tuesdays & Thursdays
Time: 30-minute lessons (45-60 minute lessons offered when available)
Course Fee: $45 per half-hour

No prior violin experience is necessary and all skill levels are welcome. Our violin instructors will customize and tailor the curriculum to the needs of each student. Students will need to have access to a violin and music stand for practicing at home. Students will need to bring their binder of practice materials and violin to class weekly. For beginning students, having a parent or other adult at home to assist with practice is highly recommended.

INDIVIDUAL GUITAR/UKULELE LESSONS
Day: Mondays-Fridays
Time: 30-minute lessons (45-60 minute lessons offered when available)
Course Fee: $45 per half-hour

Students will receive guidance and direction in solving problems related to playing the guitar or ukulele at a beginning and intermediate level and will learn many of the different styles, skills and techniques required to become a successful musician. Areas of concentration include: correct posture, note reading, aural skills, flat-picking, singing songs, rhythmic patterns, chord study, finger-picking styles, musical forms, improvisation and performing experiences.

Drum, Voice and Flute lessons also available on request! Contact Ms. Q at cyndera@k dbs.org for more information. Please see our website for our most recent instructor bios!

https://www.k dbs.org/academics/after-school-programs/music-lessons